



SUMMER 2018 MENU – CAMP RIVERWOOD

Entrees

Beef burger on a whole wheat bun	\$5.25
Beef soft taco	\$6.00
Bento box	\$6.50
(hummus, mini pita, veggie sticks & cheese cube)	
BLT (turkey bacon, tomato and lettuce on a Kaiser)	\$5.75
Buttery pasta	\$5.25
Chicken burger on a whole wheat bun	\$5.25
Chicken fingers with rice pilaf (Regular or GF)	\$6.50
Chicken caesar wrap	\$6.25
Chicken teriyaki with steamed rice	\$6.75
Grilled cheese sandwich on whole wheat bread	\$5.00
Grilled chicken caesar salad	\$6.50
Macaroni & cheese	\$6.25
Pasta with meatsauce (Regular or GF)	\$6.25
Pasta with tomato sauce (Regular or GF)	\$5.50
Perogies (7pcs) with sour cream	\$5.50
Salisbury steak with mashed potatoes	\$6.75
Whole grain pancakes with orange wedges	\$5.50
Veggie burger	\$5.75

Drinks

2% or Chocolate milk	\$1.50
Chocolate soy milk	\$2.00
Various fruit juices (100% juice)	\$1.25
Lemon iced tea (caffeine free)	\$1.50
Apple watermelon juice (100% juice)	\$1.50
Bottled water	\$1.25

Side Items & Desserts

(GF) Banana blueberry muffin	\$1.75
Baked potato with sour cream	\$1.75
Banana chocolate chip muffin	\$1.50
Brownie	\$1.25
Chocolate chip cookie	\$1.50
Chocolate pudding	\$1.50
Corn niblets	\$1.50
Edamame (shelled)	\$2.50
Fresh apple	\$1.50
Fresh orange wedges	\$1.50
Fresh diced fruit	\$1.75
Garden salad with ranch dressing	\$2.50
Garlic bread	\$1.50
Kettle popcorn	\$1.75
Yogurt cup	\$1.50
Veggies & dip	\$2.50

Condiments

Butter	\$0.25
Cheese slice	\$0.50
Mayonnaise	\$0.25
Parmesan cheese	\$0.25
Pickles	\$0.25
Plum sauce	\$0.25
Extra syrup	\$0.25
Salt & pepper, Ketchup, Relish, Mustard	Comp.

(GF) Gluten-friendly, see prices online

HST will be added to the lunch price at billing.

Ordering is easy!

Visit: www.kidskitchen.ca

Call: 905.944.0210

Email: information@kidskitchen.ca

Leave the lunches to us!

